# 朝宮公園陸上競技場カレンダー（８月）

申込みできない時間帯　陸上個人利用枠

| | | 9:00～11:00 | | 11:00～13:00 | | 13:00～15:00 | | 15:00～17:00 | | 17:00～19:00 | | 19:00～21:00 | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | A | B | A | B | A | B | A | B | A | B | A | B |
| 1 | 日 | | | | | | | | | | | | |
| 2 | 月 | | | | | 休場日 | | | | | | | |
| 3 | 火 | | | | | | | | | | | | |
| 4 | 水 | | | | | | | | | | | | |
| 5 | 木 | | | | | | | | | | | | |
| 6 | 金 | | | | | | | | | | | | |
| 7 | 土 | | | | | | | | | | | | |
| 8 | 日 | | | | | | | | | | | | |
| 9 | 月 | | | | | | | | | | | | |
| 10 | 火 | | | | | 休場日 | | | | | | | |
| 11 | 水 | | | | | | | | | | | | |
| 12 | 木 | | | | | | | | | | | | |
| 13 | 金 | | | | | | | | | | | | |
| 14 | 土 | | | | | | | | | | | | |
| 15 | 日 | | | | | | | | | | | | |
| 16 | 月 | | | | | 休場日 | | | | | | | |
| 17 | 火 | | | | | | | | | | | | |
| 18 | 水 | | | | | | | | | | | | |
| 19 | 木 | | | | | | | | | | | | |
| 20 | 金 | | | | | | | | | | | | |
| 21 | 土 | | | | | | | | | | | | |
| 22 | 日 | | | | | | | | | | | | |
| 23 | 月 | | | | | 休場日 | | | | | | | |
| 24 | 火 | | | | | | | | | | | | |
| 25 | 水 | | | | | | | | | | | | |
| 26 | 木 | | | | | | | | | | | | |
| 27 | 金 | | | | | | | | | | | | |
| 28 | 土 | | | | | | | | | | | | |
| 29 | 日 | | | | | | | | | | | | |
| 30 | 月 | | | | | 休場日 | | | | | | | |
| 31 | 火 | | | | | | | | | | | | |